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## MEET OUR PROVIDERS



DR. PAUL VENTURINI

Doctor of Chiropractic



DR. PETER CURTIS

Doctor of Chiropractic



DR. MELISSA KNOEDLER

Doctor of Chiropractic



MARCI AHERIN

Lincensed Physical Therapist



STEVEN WASHBURN

Physical Therapist Assistant

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# FAQ PHYSICAL THERAPY

### Why should I choose Advanced Center For Pain And Rehab for physical therapy?

There are many quality facilities in the Springfield area that offer physical therapy, but Advanced Center is the only one that provides licensed chiropractors and physical therapists to maximize the expertise of both for optimal pain and injury recovery. Add to this our providers' expertise with Graston and Active Release Technique, acupuncture and soft-tissue massage therapy, and you have a complete rehabilitation program that helps you achieve health and wellness.

#### Why is it important to combine physical therapy and chiropractic care?

In many ways, one supports or even relies on the other. Our commitment to you is not to address your symptoms but to find and treat the root cause of your pain. When an injury occurs in one part of the body, it can affect how the joints, muscles, tendons, fascia and ligaments respond and heal in other parts of the body. To ensure proper rehabilitation and to prevent injuries from occurring again, we combine chiropractic joint alignment and motion along with physical therapy exercises and soft-tissue massage therapy.

#### Who are Advanced Center's physical therapy providers?

Marci Aherin is our licensed physical therapist, and Steve Washburn is our physical therapy assistant. You can learn more about Marci and Steve at advancedcenterforpain.com. Also, follow them on their blogs, where they share interesting and insightful information on physical therapy.

#### Do I need a referral from my primary care physician or surgeon?

You do not need to see your primary care physician in order to receive physical therapy and chiropractic services. However, you do need a physical therapy referral but that can come directly from your chiropractic physician. The only exception would be if you have Medicare. In that case, you need to receive the referral from your primary physician or surgeon.

#### Can I choose where to go for physical therapy?

Yes. You can inform your primary care physician or surgeon that you prefer Advanced Center to oversee your physical therapy and rehabilitation needs.

#### Will my insurance cover physical therapy?

Yes. Your health is our top priority, and our staff is experienced and dedicated to address any questions or concerns you may have involving insurance coverage of your treatment. We accept most insurance carriers and also take check, credit and debit cards.

#### How far in advance do I need to make an appointment for physical therapy?

Depending on the urgency and need, our providers can see you on the same day that you contact Advanced Center. Give our staff a call at 217-787-8200, email us at painrehabcenter@aol.com or visit our website at advancedcenterforpain.com to schedule an appointment.